# LIVE NFK: AN INTERNS PERSPECTIVE

## Camp, Kids, and Lettuce



## Summer Camp

Summer camps are one hour, twice a week at different recreation centers. I am teaching 5 - 7 year-olds about things they can do to help the environment and we plant lettuce seeds in upcycled coffee pods. The first time I went, I was nervous. I just haven't been around kids much in the last few years. I had forgotten that, in large numbers, they can get loud, distracted, and want to

tell me about their turtle instead of answering my question.

#### I've Learned

The flip side to this is that these kids know a lot. They like telling me about what they do, or will do, to help their environment. Their favorite part is planting the lettuce seeds of course. I let them help scoop the dirt and put the seeds in. I even got a hug from a little girl at the last camp (aww!). After doing 4 camps I am much more confident. I have figured out how to get their attention back and make sure they aren't talking over me or others. I may not be reaching every kid, but there are always a few who seem very interested in what I am teaching. That's what makes the summer camps so great.

### Reflection

I have always had respect for teachers and that respect has grown. Especially with a younger age group, it's difficult to keep their attention for long periods of time. So, a teacher must be very patient and able to simplify what might be a complex process. It's not easy. However, I do look forward to the opportunity to work with kids more, maybe even older students. Education is where it all starts. By "it" I mean just about everything. How to work with others, social skills, general knowledge, finding a passion, etc. It starts in school and I would like to be a part of that. I want to share my excitement for environmental stewardship and help influence a younger generation to be more mindful of their impact. After all, kids are the future.